

# RBCARES NEWSLETTER

Winter 2025

IMPROVING THE HEALTH & WELLBEING OF PEOPLE IN THE COMMUNITY THROUGH SERVICES AND PROGRAMS THAT PROVIDE PRACTICAL SUPPORT, CONNECTION & HOPE

RBCares is a registered charity established by Rowville Baptist Church in 2009 to deliver a range of community support programs to local people. Over the years these initiatives have comprised professional counselling and numerous food related programs, including Food with Friends, "The Well" emergency food relief, Christmas lunches and more

## NEWS HIGHLIGHTS

### **BENDIGO BANK GRANT**

Members of the RBCares Board attending the recent presentation night at the State Basketball Centre in Wantirna South. Our grateful thanks to Bendigo Bank for their generous grant of \$1000 to support the IT integration of RBCares and the Wellington Care Centre



### **MOTHER'S DAY AT THE WELL**

A special date in The Well calendar saw us providing 50 pamper gift packs to all the ladies attending our program. We hope they enjoyed the opportunity to take some time out and spoil themselves. Thanks to Pinchapoo for their generous donation of these items



### **LENGTH OF SERVICE AWARDS**

The Well Team Leader was recognised for her outstanding service to this vital community initiative at the recent Knox Community Awards night. Ruth has dedicated her time in service as a volunteer at The Well for over 10 years, and is the heart and soul of this program. Grateful thanks go to Ruth from all at RBCares



## MINISTRY NEEDS

The Well is in great need of volunteers with a Ute, trailer or van who could be available to collect food from Food Bank on a Friday morning. This is not a regular weekly requirement, more an expansion of those volunteers able to fulfil this role. Please join the collection team and help lighten the load

Are you free on a Tuesday morning and want to serve others? Then come and volunteer at The Well. We are particularly keen for younger volunteers to join the team in coming alongside our younger clients using the program

## THE WELL – EMERGENCY FOOD RELIEF PROGRAM

Our team of dedicated volunteers continue to support an ever-growing number of clients in our weekly program, providing a wide range of fresh produce, pantry items and toiletries to the local community. We are also privileged to spend time connecting with people over the weekly complimentary morning tea, while shopping bags are being packed

Newly developed prayer cards are located in the seminar room, and these client requests are incorporated into the volunteer devotion time that is led by Coral prior to The Well opening.

This year we have also upgraded the flooring and storage solutions in the pantry, a project which has been welcomed by both the volunteers and facility cleaning staff alike



## KIDS HOPE

Our Kids Hope mentors continue to work with the kids at Park Ridge primary school, spending an hour a week building connections and developing relationships. If you have a passion to positively impact the life of a child and want to know more about this program please speak to Pastor Sean



## WHAT'S ON AT RBCARES?

- 12th August – RBCares Board meeting
- 2nd Sept - Father's Day at The Well
- 7th Sept - Bunnings sausage sizzle fundraiser

## HOW CAN I GET INVOLVED?

### Donate

Donations can be made as a single gift or a regular direct deposit to:  
Rowville Baptist Cares Inc

♦ BSB: 633 000

♦ Account: 1381 25703

### Volunteer

Become a regular volunteer at The Well on a Tuesday morning or offer your support during specific one-off events. Speak to Kate or Karen to find out how you can get involved

### Pray

Pray for all the programs and volunteers as we seek to discern God's plan for RBCares and connect with people in our local community

**IF YOU HAVE QUESTIONS OR NEED INFORMATION ON ANY OF THE  
RBCARES PROGRAMS PLEASE CONTACT:**

**Kate Potter – [president@rbcares.org.au](mailto:president@rbcares.org.au)**

**Karen Smith – [secretary@rbcares.org.au](mailto:secretary@rbcares.org.au)**

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